

On 11th October 2019 Department of MBA organised a guest lecture on “Emotional Intelligence and employability skills” for the students of MBA I year. The resource person for the lecture is Ms.Anilambica Kata, Asst. professor, Dept. of MBA, Adi kavi nannayya university, Kakinada.

In her lecture, the resource person discussed regarding the importance of emotional intelligence and its influence on the daily life of humans. She explained the difference between feelings, emotions and how they are connected to heart and brain directly. Madam also explained different stories as examples to make the students understand well.

The session forwarded with elaboration of self control, motivation and attitude and different stories pertaining to them as examples. The resource person also explained how the heart and brain should go hand in hand to have a balanced life for a human.

She also discussed different current issues where emotional balance is quite necessary and how the people and surroundings and environment gets polluted without emotional intelligence and emotional balance. Emotions at workplace also play a huge role as always people are surrounded by people at all costs as they are dependent on each other.

The students felt that lecture was very informative, innovative and involving. The resource person was introduced by Mr.Sriman and ended with a vote of thanks by Miss.Tejasri

Student introducing resource person







Resource person interaction with students

